

## IBEX RISK ASSESSMENT

<b>Club</b>	Ibex Hillwalking and Mountaineering Club	<b>Date of Risk Assessment</b>	21/09/2021
<b>Author</b>	Jude Hartley	<b>Proposed Review Date</b>	21/09/2022
<b>Location/Event/Activity</b>	Walking and associated activities		

<b>Hazard</b>	<b>People at Risk</b>	<b>Existing Controls of the Risk</b>	<b>Level of Risk</b>	<b>Further Action Required to Control the Risk</b>
<p><b>List the hazards which you could reasonably expect to result in significant harm.</b> e.g. <i>Manual handling tasks/storage and stacking</i> <i>Falling objects</i> <i>Worn or damaged equipment</i> <i>Slipping hazards e.g. spilt drinks</i> <i>Electricity e.g. poor wiring/lighting</i> <i>Tripping hazards e.g. wires/leads</i> <i>Positioning/space/confined work areas</i> <i>Equipment usage</i> <i>Noise/Lighting/Heat/Temperature</i></p> <p>Remember to walk around, ask others, use Manufacturers instructions or datasheets and accident or near miss data. Visit HSE website <a href="http://www.hse.gov.uk">www.hse.gov.uk</a> or call the HSE Info line 0845 345 0055 regarding relevant publications or Workplace Health Connect 0845 609 6006 for practical advice on workplace health and safety.</p>	<p><b>List groups of people at risk from the hazards.</b> e.g. <i>Office staff</i> <i>Maintenance staff</i> <i>Cleaners</i> <i>Students</i> <i>Members of the public</i></p> <p>Remember workers with particular needs such as young or older people, expectant mothers, and people with disabilities.</p>	<p><b>List what precautions you have taken against the hazards you have listed, i.e. what is already in place to reduce the likelihood of harm or make the harm less serious.</b> e.g. <i>Have you given adequate information, training or instruction?</i> <i>Are there adequate systems/procedures in place?</i> <i>Do the precautions meet legal requirements, represent good practice and reduce risk as far as reasonably practicable?</i></p> <p><b>Remember to involve staff</b> so that you ensure what is proposed will work and will not introduce new hazards.</p>	<p><b>Level of Risk remaining. High, Medium or Low.</b></p> <p>It may help to categorise the risks as you are evaluating them. This helps to prioritise any further action that you intend to take to control risks, and concentrates action on the riskiest situations.</p>	<p><b>List further steps required to control risks which are not already adequately controlled. Consider what is reasonably practicable in the situation.</b></p> <p>When controlling risks apply the following principles in order of; Elimination (remove the risk completely) Substitution (try a less risky option), Containing (prevent access to the hazard) Reducing exposure (organise work to limit exposure to the hazard) Training and supervision PPE (issue personal protective equipment), Provide Welfare facilities e.g. door locks, first aid.</p>

<b>List all significant Hazards and how they may cause harm</b>	<b>List the groups of people at risk from the Hazards</b>	<b>List the existing Controls of the Risks</b>	<b>Level of Risk Remaining</b>	<b>Further Action Required to control the remaining Risks</b>
<b><u>Transport</u></b>				
Driver error or accidents	Car driver and passengers	Drivers are usually experienced. Passengers and drivers travel at their own risk and this is made clear to them on the application form	M	
Passenger safety if the driver is a new member and their behaviour or background is not known to the club	Any passenger	Weekend organisers must ensure that if a new member volunteers to take passengers that they are allocated more than one passenger to ensure passenger safety.	L	
Driver safety if the passenger is a new member and their behaviour or background is not known to the club	Any driver	Weekend organisers must ensure that if a new member requests a lift that the driver, they are allocated has at least one other passenger who is known to the club to ensure driver safety.	L	
Passenger safety	Any passenger	All drivers agreeing to take passengers must drive in accordance with the law and highway code to ensure passenger safety	M	
<b><u>Accommodation</u></b>				
Gas in kitchen etc is not properly turned off	Accommodation occupants	Users should familiarise themselves with cooker/boiler	L	

		operating instructions		
Access to accommodation not available.	Accommodation occupants	Access arrangements should be confirmed by the weekend organiser before departure, and provision made in case of late arrival.	L	
Accommodation is too cold/otherwise inadequate	Accommodation occupants	Action at the discretion of occupants. Weekend organiser to advise against future use.	L	
Fire in the accommodation	Accommodation occupants	Weekend organisers and all attendees must make themselves aware of the fire escapes from sleeping and communal areas on arrival	L	
<b><u>Non-members on Ibex trips</u></b>				
Non-members attending Ibex organised trips e.g. Scotland	Any non-member attending an Ibex trip (not a weekend where normal club rules apply)	Any non- member attending must be informed that they are not covered by the club BMC insurance and so must source their own insurance for the trip ie. be a full member of the BMC or a member of another club affiliated with the BMC or join Ibex.	L	This does not include those on their 'trial' first weekend who are covered by BMC insurance. Normal club rules of 1 trial weekend followed by club membership of any further weekends apply for Ibex organised weekends.
<b><u>Weather Conditions</u></b>				
Planning	Walking group and leader	Walk leader and participants should obtain the weather forecast prior to departure to ensure they are suitably equipped	M	Depending on the forecast adequate preparation can be made and correct equipment taken. The planned route can be amended or cancelled.
Changing weather conditions	Walking group	Members advised in joining instructions of clothing to bring. Weather is continually assessed and route diverted if necessary,	M	Walkers are instructed not to wear jeans on trips.  If there is any avalanche

		at the discretion of the route leader. If needed an avalanche assessment must be taken, checking forecast conditions versus actual conditions found e.g. evidence of movement at key places such as slopes/complex terrain/valleys		risk walkers must turn back or take a different route.
Extreme Weather conditions	Walking group	Weather conditions are assessed before walk, and future forecasts obtained where possible. The walk leader can abandon the walk at any time.	M	
Winter Conditions	Walking Group	All walk leaders and walk participants must be experienced in winter conditions. All participants should bring ice axe/crampons/warm kit/spares (and know how to use them) if it is <b>likely</b> their use could be needed and/or route card suggests it.	M	

<b><u>All Walks</u></b>				
Planning and individual suitability for the walk	Walking Group & leader	A route card must be created before departure with route, timings, escape options, car location etc. This helps participants judge the suitability of walk to their ability/fitness/equipment, and also leaves a record of a group's location should they be overdue/weather conditions	M	Participants must look at the route card to see if they think they are able to do the walk. If they have any questions or are unsure, they need to speak to the leader for further information to help them with their decision.

		force a retreat etc.		
Becoming lost in the mountains	Walking group	Each walking group should contain two experienced walkers, competent in navigation, two maps and two compasses.	M	Each group leader should carry a mobile telephone.
Group becoming separated	Walking group	In walks of more than 10 people, there should be an experienced navigator with a map at both the front and rear of the group. Walk leader conducts headcount regularly.	M	
Rough terrain	Walking group	Members must be informed of likely terrain conditions and suitable equipment before departure. Walk leaders should check that members have the correct equipment before departure.	M	Walkers are expected to have a moderate level of fitness, as all walks are liable to contain rough terrain.
Over running time of walk and returning in dark	Walking group	All participants should bring a torch with spare batteries if it is possible that the route could finish in the dark (e.g. autumn/winter walking) or the route length/departure time makes a dark finish a possibility	M	
<b>Climbing</b>				
All aspects of climbing safety	All climbers	Only those with climbing knowledge and ability are able to take part in climbing activities on Ibx trips and do so at their own risk. Helmets to be worn	L	Ibx is primarily a hillwalking club. Those who climb do so at their own risk and are experienced to plan and lead their own excursions. Ibx does not lead or train inexperience or non-

				climbers.
<b><u>Other activities</u></b>				
Horse-riding, kayaking, cycling	Participants	Participants aware that activities not provided by Ibex. It is reasonable to expect providers to have appropriate safety measures in place.	M	

<b>Health/Medical</b>				
Injury on a walk	Walking group	Casualty's condition is assessed. Leader should ring for help if possible and, if not, at least two people should go for help, noting grid ref and casualty situation. Rest of group should shelter casualty and themselves.	L	
Group member is injured but able to continue	Injured walker	Walk leader, in consultation with injured person, to decide whether to return and by what route.	L	
Hypothermia / Hyperthermia	Walkers inadequately equipped for conditions	Walkers are advised in joining instructions of appropriate clothing and equipment for conditions.	M	
Dehydration	All Walkers	Walkers should carry adequate water quantities. Members are advised of this prior to departure.	L	
Member becomes ill during trip	Particular member	Take to nearest medical centre.	L	
Malnutrition	All Walkers	Walkers should carry adequate food. Members are advised of this prior to departure.	L	
Existing medical conditions	All participants	Participants are advised on the joining instructions that they must self-assess their walking abilities taking into any account existing medical conditions. They take part at their own risk but if they have a condition, they want to disclose to the walk leader/weekend organiser they can do this. If they think their	L	

		medical condition will put them or the group at risk, they should reconsider taking part in the activities.		
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<b>Scrambling</b>				
Helmet	All scramblers	Walk leader and participants should consider a helmet to protect against rockfalls, particularly on steep/graded route	M	
Falling whilst scrambling	All Scramblers	Scramble leader should assess conditions of route. Group members make their experience and ability known to the group leader. An alternative route must be found for any members who feel unsafe doing the scramble.	M	

**Declaration**  
**This risk assessment has been discussed and updated by the Ibex committee and is available to all members, prospective members and non-members trialling the club. If any member has anything further to add they must speak to the committee who will discuss it at the next committee meeting and update the risk assessment where necessary. The risk assessment will be reviewed by the committee quarterly.**